Information re-Beef Raising & The Final Product

- 1. Your farmer buys <u>LIVE WEIGHT</u> 6-month-old *feeder* calves "on the hoof" that have been weaned slowly and humanely and weaned without grain. Your farmer raises them outdoors on grass/hay for 2+ years without grain or hormones. Antibiotics are used only in dire emergency >1% chance; we employ natural approaches first. The farmer rotates the herd daily on paddocks, and plants grasses and/or clover into the pastures.
- 2. Twin Brook Camillus Farm, LLC (47 acres) does a <u>freezer trade</u> and occasionally 'per piece' retail, based on USDA regulations. With a freezer trade, the customer buys the animal, and as a service to you, we hire the animal butchered and packaged; <u>you purchase the CARCASS</u>. The purchase price of the carcass is determined by the HANGING WEIGHT.
- 3. At the time of butchering, the head and hide and feet and viscera and organs and blood is removed for <u>HANGING WEIGHT</u> or "on the rail" where the "dressed" beef carcass is aged for ~10 days. The "Dress Percentage" of a carcass' hanging weight is 50-66% of the live weight, or a ~39% loss to the farmer.
- 4. The <u>RETAIL WEIGHT</u> or 'Take Home' Weight are the meat cuts after the butcher makes the carcass into steaks, roasts, or hamburg. The Retail Weight is between 60-70% of the Hanging Weight, or an ~18% loss to the customer. (76% is a good percentage!) 'Take Home' Weight varies due to bone or boneless cuts. [NOTE: Grass-fed beef has a slightly higher carcass yield than grain-fed beef due to less fat trimmed away.] FACTORS regarding less retail weight compared to Hanging Weight—
 - 1. Evaporation due to aging / hung for 10-days 2. 'Bone in' *versus* Boneless
 - 3. Fat remaining on meat cuts 4. Leanness of ground beef (% fat)...based on how meat is trimmed
- 5. From the live animal on the hoof to the steak on your plate is ~57% loss. That means that a 1000-pound animal will produce ~430-pounds of 'take-home' food. Our animals are larger than 1000 pounds...they might be 1400 or 1500 or 1700 pounds. LIVE WEIGHT x Dress Percentage x Carcass Yield (cuts) = # pounds of meat 1000# ~60% ~76% = 471 pounds or 117# per quarter beef

Factors in 'Finishing' Beef-

>Hanging weight will be too light if animal is too young; larger animals have a heavier hanging weight. >Grass-fed beef takes longer to hit the finishing point. Grass-Fed:26-30 months/ Grain-Fed:18months >Before 'finishing-weight' is acquired, the body of the animal is still building the frame.

Muscle development and Fat deposits (marbling) do not happen until the frame is built. >Your Farmer 'marbles' your meat during the final 6-8 weeks of its life; He grazes them in high-carbohydrate greens of millet greens, brassicas that are planted annually for this purpose.

6. Plan accordingly for your <u>freezer space</u> for frozen cuts of the carcass:

Quarter carcass—> 4 cubit foot freezer space. Half carcass—> 8 cubic foot Whole carcass—> 15-17 cubic foot